

Emergency Medicine Department

Emergency Care

Any time, day or night, we're ready to help you in a medical emergency. Our teams of emergency medicine doctors, specialists and specialty-trained nurses and others work together to provide lifesaving treatments and personal care. It is our goal to calm your stress, take care of you and your loved ones and support you after you leave

Getting to the Emergency Medicine Department (EMD)

If you have a serious or life-threatening emergency, call +255 769 911 911 or +255 739 562 363 immediately. Trained professionals can then begin treatment right away, even before you reach the hospital, and prepare the Emergency Medicine Department team for your arrival.

Specialized care for emergencies

In addition to comprehensive care for emergencies, our ALMC EMD offers services for specialized needs:

- Trauma treatment of a variety of traumatic injuries, including head injuries, broken bones and other serious injuries.
- Fast-Track process for evaluating and treating less serious conditions quickly
- Point of care testing

What to expect when you visit the ER

When you arrive at EMD, you'll be assessed (screened) by a member of our emergency care staff so we can learn about your injury or illness. Following this assessment, you'll check in at our registration desk for registration and then to the triage room to provide any information we need to treat you, like vitals. The severity of your injury or illness will determine the order in which you're seen by Emergency staff.

Emergency care

Emergency rooms, open 24/7, are the best choice if you have a severe or life-threatening illness or injury.

Go to the emergency department if you're experiencing:

- Broken bones, or dislocated joints
- Deep cuts that may require stitches – especially on the face
- Difficulty breathing
- Fever with rash
- Major burns
- Minor trauma, such as a common sprain or shallow cut
- Painful urination
- Persistent chest pain that radiates to your arm or jaw; may include sweating, vomiting or shortness of breath
- Pregnancy complications if you are more than 20 weeks pregnant, including contractions/labor with bleeding, fluid leakage or decreased fetal movement
- Severe head injury
- Severe pain in abdomen
- Sudden confusion or weakness, dizziness or numbness
- Sudden difficulty speaking or trouble understanding speech
- Sudden, severe headache
- Vomiting blood

Our Team

Our team is built around you. Expect us to care for you as a person while treating your health concerns. Our experts – including doctors and nurses with advanced training and healthcare professionals – work together to meet your unique needs.

Emergency medicine experts

Here, you'll be cared for by a highly-qualified team of individuals who specialize in urgent care and emergency medicine. Our doctors are all certified in emergency medicine. Members of our medical and nursing team have special certification in critical care, ACLS, PALS, PEARS).

Our team also includes advanced practice providers, nursing assistants and works in close proximity with technicians for imaging and lab, pharmacists, housekeepers, and registration and administration.

When you arrive — who's who

During your EMD visit, you'll meet with different people who work together to make you comfortable and get you the care you need – from tests and treatments to prescriptions and take-home instructions. They include:

- Registration clerk - EMD have non-medical staff members who are responsible for getting you checked into our facility. They will ask for basic information such as your name, date of birth, address, reason for visit and insurance information.
- **Triage nurse** - Our EMD operates as a triage, which means the most seriously ill or injured patients receive priority medical care. A triage nurse assesses the severity of your injury or illness and your pain level and performs a brief physical exam to record your vitals, like blood pressure, temperature and oxygen levels. This information is used to determine how urgent your needs are and when the emergency physician will care for you. Again, the most urgent cases are seen first.
- **Emergency care doctors** - Once you're in the treatment area, you'll have a doctor, who will be in charge of your emergency care..
- **Consulting physicians** - If needed, your doctor may consult with specialists, doctors with advanced training in a specific area like orthopedics, internal medicine, surgery, or brain and spine injuries. These specialized doctors help your attending physician make the right medical decisions for your illness or injury.
- **Technicians and technologists** - Imaging and lab team members play an essential role in diagnosing your condition so treatment can begin. These care team technicians perform X-rays and CT scans, draw blood and help run other tests your doctor has ordered for you.
- **Pharmacy staff** - Pharmacists are responsible for making sure you receive the right medication, at the right dosage, in a timely manner per your doctor's orders.
- **Discharge** - When you leave EMD, your doctor will provide you with discharge instructions to make sure you understand how to continue your care at home or seek follow-up care with your doctor.

Emergency Medical Services

The Emergency department runs a fleet of ambulances across the Tanzania and beyond. All of our ambulances are fully installed with all life-saving equipment and all of our ambulance crew are all American Heart Association certified providers for ACLS, PALS, PEARS and BLS.